

BEAR FACTS

News

S
e
p
t
e
m
b
e
r

2
0
2
2

Hi everyone, and welcome to the new season! We have been gearing up for a big season with a lot of work going on behind the scenes. A big thanks to all of our members who have put in over the winter months to prepare us for the biggest summer yet!

The Annual General Meeting resulted in the following roles being filled:

- President—Anthony Chapman
- Club Captain—Simon Bailey
- Secretary—Nicole Davey
- Treasurer—Scott Cason
- Membership—Juanita Schofield
- Junior Activities—Jill Doyle
- Committee Members—Katie Groom and Tara Kelly

We thank Matt Clingeffer and Eleanor Kuylaars for their contributions to the committee and trust that they will continue to support the club in other areas. We also thank Denise Kelly for her role in producing the Bear Facts over a number of years. Denise has handed that role to Belinda Herbert and we look forward to this important newsletter continuing for years to come.

There are plenty of opportunities to become involved in the life of the club as the season kicks off. Keep an eye on our socials for information about upcoming events and ways for you to become involved. The challenge for this season should be to do something that will add to your skills, whether that is on the water, the sand or in other areas around the club. The easiest thing in the world is to do nothing; we grow as people when we do things outside our comfort zones and do something that others can benefit from. Be that person who wants to grow.

We are looking at a number of our club policies and structures with an eye on the future. Watch this space.

Anthony Chapman

President -
Anthony Chapman (Chappy)
(m) 0437 946 675
Email: president@cliftonbeachslsc.com.au

Club Captain -
Simon Bailey
(m) 0402 112 770
Email: captain@cliftonbeachslsc.com.au

Secretary -
Nicole Davey
(m) 0492 979 625
Email: secretary@cliftonbeachslsc.com.au

Treasurer -
Scott Cason
(m) 0439 815 079
Email: treasurer@cliftonbeachslsc.com.au

Junior Activities Co-coordinator -
Jill Doyle
(m) 0457 667 103
Email: nippers@cliftonbeachslsc.com.au

Senior Coach -
Courtney Dowling
(m) 0488 314 077
Email: courtneydowling96@outlook.com

Senior Competition Entries Manager -
Richard Boulton
(m) 0420 873 485
Email: competition@cliftonbeachslsc.com.au

Senior Team Manager -
Matt Clingeffer
(m) 0400 115 199

PREMIER CLUB—1990/91 1993/94 1998/99 2006/07 2008/09 2020/21

465 Clifton Beach Road
Clifton Beach 7020
Phone: (03) 6124 2125

PO Box 1491
Eastern Shore Delivery Centre
Mornington 7018

Website: www.cliftonbeachslsc.com.au
Facebook: www.facebook.com/cliftonbeachslsc
Email: info@cliftonbeachslsc.com.au

Club Captain Report

Time does not stand still and neither does planning for this coming season. Our new Training Officer Jenna Stacey and I attended the 2-day Life Saving at Ulverstone last month. Knowledge gained from the weekend will shape our life saving programmes and skills maintenance for this coming weekend.

Over 50 members from around the state attended the meeting and it was great to see that feedback from the last few seasons being acted on. The main points covered were.

- ◆ Clubs can use can carry out their own assessments providing that the person doing the assessment has not delivered any of the training. This is a big shift in policy and SLST will be monitoring the delivery and assessment of courses to ensure that the correct processes are adhered to.
- ◆ Silver Medallion Patrol Captains course to be rolled out across the state. Participants must be aged 17 and have patrolled for a minimum of two years (bridging assessment to be offered to current PC).
- ◆ ART to be offered again this season with an update on the horizon. Members are able to apply for Credit Transfer if they complete the units with another training provider.
- ◆ IRB Driver and crew assessment to be held in the South on the 27th of November
- ◆ SLST are applying for funding to provide drones for each club for patrolling purposes
- ◆ Operations app must be used for all patrols – duty officers will be contacting Clubs if no one had logged on.

Jenna and I completed our skills maintenance for ART and CPR, and we reviewed the procedure that the driver and crew should be using to remove a patient from an IRB. Overall, the two days were well delivered by SLST (well done Ned) and well catered for by the Ulverstone SLSC.

Training -

As stated, Jenna Stacey has taken on the role as the Training Officer for this season and I expect you will all support her as she goes about her business. An expressions of interest form was posted on the members Face Book page recently and you will find a link to this form in this newsletter. Please ensure that you complete the form so that planning for the courses can be finalised.

We will be delivering our SRC, Bronze and IRB Driver and Crew courses in conjunction with Kingston's courses. Members will have the opportunity to attend either club for training sessions and further details will be provided including dates within a few weeks.

Boat Shed Update -

The site has been cleared and Whytie has removed the concrete ready for the foundations to be laid. Our contractor expects to make a start with the digging of the foundations and pouring of the shed slab within the next three weeks. Providing there are no delays the shed should be completed by the end of October.

Solar System -

Our 14.6KwH Solar system has been installed and commissioned. Club member Brendan Volant from BV Electrical carried out the installation and has done a fantastic job. Please contact him if you are looking for to install your own solar system or need some electrical work. The system was funded via a grant through the Federal Government.

Simon Bailey



Nippers Update

Before you know it we will be back on the beach!

I just want to quickly say thanks to Eleanor for all her time and effort she contributed to the club as the 21/22 Nipper Coordinator. Its a huge job!!! On the wave of all the fun and good times our nippers had I hope the momentum continues into the 22/23season. One of her many initiatives was the TEAM APP which we will again be using this season as our main means of communication as well as Facebook posts. Links to accessing our clubs Team App will be provided.

Nippers Season 2022/2023

We are beginning the season off with a sleepover at the club for the Under 14s on Saturday 17th of September. Coach Phil has organised a social but informative session over that weekend for the senior nippers with guest speakers to talk about roles and responsibilities about Junior Club Captain, mentoring the younger nippers of our club and introducing them to 'The Mal's'.

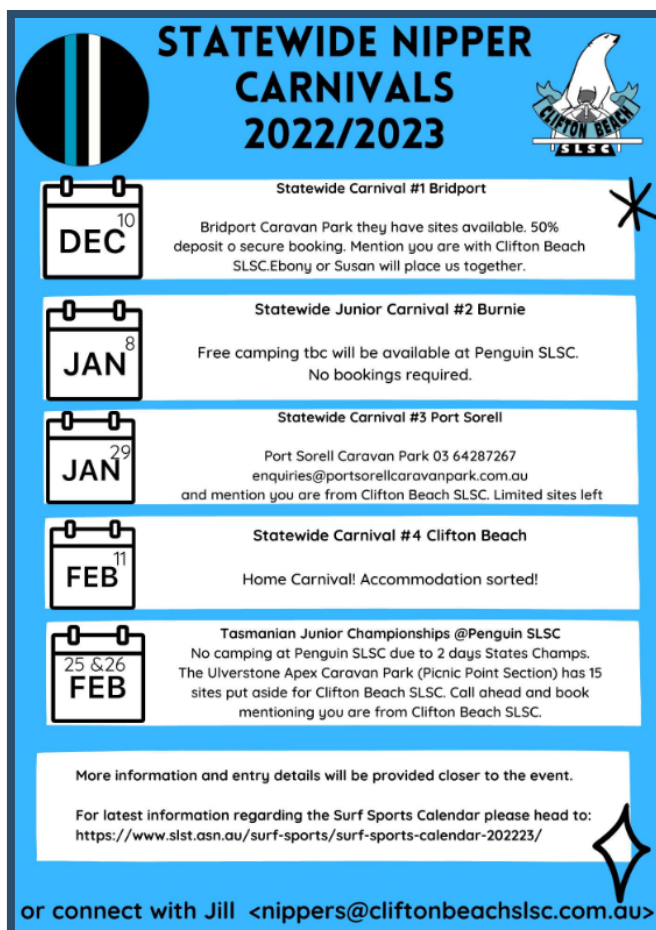
The Season so far looks like this...

Before we hit the beach we need to attend to some formalities set by SLSCA to make sure our nippers are safe and confident in their ability in the water before entering those waves...

Clarence Aquatic Centre YMCA Pool Montague Bay

6th of November 0745-0945

13th of November 0745-0945



STATEWIDE NIPPER CARNIVALS 2022/2023

DEC 10 Statewide Carnival #1 Bridport
Bridport Caravan Park they have sites available. 50% deposit o secure booking. Mention you are with Clifton Beach SLSC.Ebony or Susan will place us together.

JAN 8 Statewide Junior Carnival #2 Burnie
Free camping tbc will be available at Penguin SLSC. No bookings required.

JAN 29 Statewide Carnival #3 Port Sorell
Port Sorell Caravan Park 03 64287267 enquiries@portsorellcaravanpark.com.au and mention you are from Clifton Beach SLSC. Limited sites left

FEB 11 Statewide Carnival #4 Clifton Beach
Home Carnival! Accommodation sorted!

FEB 25 & 26 Tasmanian Junior Championships @Penguin SLSC
No camping at Penguin SLSC due to 2 days States Champs. The Ulverstone Apex Caravan Park (Picnic Point Section) has 15 sites put aside for Clifton Beach SLSC. Call ahead and book mentioning you are from Clifton Beach SLSC.

More information and entry details will be provided closer to the event.

For latest information regarding the Surf Sports Calendar please head to:
<https://www.slst.asn.au/surf-sports/surf-sports-calendar-202223/>

or connect with Jill <nippers@cliftonbeachslsc.com.au>

The pool is all ours. It opens to the public at 10.00 with instructions to be all out by 0945

This gives our age managers time to assess your child's proficiency in the water. (Getting your child's skills ticked off is a requirement to complete in Surf Life Saving Carnivals.)

Cremorne Beach Sessions

20th of November 1000-1200

27th of November 1000-1200

Two Sessions this year at Cremorne to allow for all water proficiency to be ticked off with the first Carnival looming on the 10th of December at Bridport.



Pato The Waffle Man will be there to caffeinate and fuel us all on the beach, and we will invite the Cremorne community to join us!

Back home on Clifton Beach from the 4th of December.

For all this to happen we need your help! Everyone has something to give:)

Nippers is completely run by Volunteers and for the club to continue to be the wonderful family it is we would love your help to volunteer in some capacity. There are so many ways to help, big or small. One of the current concerns is Age Group Co-ordinators because without them, we can not run Nippers.

If you feel this is something you may be able to do we can provide support, education and guidance on doing that role. It can be a shared role. Your child doesn't have to be a carnival competitor to do this role.

Please consider the opportunity and feel free to send me an email to ask any questions or give ideas if you about any topic regarding helping out with the Nippers Program.

nippers@cliftonbeachslsc.com.au

Look Forward to seeing you all soon.

Jill Doyle

HOW TO BECOME A CLIFTON BEACH SLSC NIPPER
2022/2023 SEASON

Follow our Facebook Page
<https://www.facebook.com/cliftonbeachslsc>

Register your family by heading to
sls.com.au/join/ (New Members Only)

Join Team App

Tell your friends!

If you require any further information email:
nippers@cliftonbeachslsc.com.au

Patrol Update

I'm sure I'm not the only one looking forward to the summer! Just an update that Simon and I got together over a few beers and put together a draft roster. We still have a few things to iron out and I expect to have this sent out within the next few weeks. We have made an effort to ensure a greater coverage of numbers and qualifications to rectify issues that were identified last year.

I'd also like to take this opportunity to say a big thank you to Gemma Wright, Ned Reardon and Iain Whyte who will be stepping back from a Patrol Captain role to allow other people within the club to step forward.

Gemma has been a Patrol Captain for two years and regularly volunteers additional time for Carnivals and SLST projects like Starfish Nippers. Gemma continues to be a great asset to Surf Lifesaving Tasmania and Clifton Beach and has recently become a committee member for Surf Boat Rowers Tasmania. We look forward to supporting her in this role.

Another big shout out to Ned Reardon who for many years has been involved at every level of the club in a huge variety of roles and responsibilities. Ned has been a Patrol Captain for two seasons and continues to work for Surf Lifesaving Tasmania as Lifesaving, Members and Training Coordinator. Thank you Ned.

Iain 'Whytey' Whyte is a well known and much admired life member of the club and has been a Patrol Captain for over five years! A big thank you for everything that you do at the club, all the advice, all of the jobs that you take care of and all of the laughs!

Ciaran McDonald



Senior Sports Update



Our senior surf sports team are off to a flying start with their winter training already. Senior ski training has been ongoing for a few months now, with 3 x sessions weekly. Our new U17 ski paddlers of Nat, Milly, Pippa, Angus and Oenone have been welcomed with open arms into the ski squad and it was fantastic to see most of them undertaking their first 6 or 10km race at Kingston for the winter series a few weeks back.

Our squad took to the tracks of kunanyi/Mt Wellington on Sunday the 28th of August, up to the Organ Pipes and the Chalet for a family friendly walk, not sure whether we exercised our

mouths or our legs more?! Only 1 casualty for the trip with Dan Reardon claiming a small scratch, which he believed was nearly worthy of a helicopter ride out...

We turn our training focus towards a few key upcoming events including: some members attending the SLST High Performance camp at Lake Barrington, final winter series race at Kingston on the 17th of September and then into the Clifton Gold on the 24th of September.

Clifton Gold:

Fun event consisting of a ski paddle, board paddle, run and bike ride (U17s upwards), or board paddle, bike ride and ski paddle (U15s).

It will be run along the Lauderdale/ Roaches Beach/ Seven-Mile Beach area, commencing at 8am. Further information will be provided on Team App closer to the date.

Following on from this we have the annual Clifton SLSC Bicheno weekend trip on the 15th and 16th of October.

Bicheno Training camp:

Open for all ages – both juniors and seniors.

When to arrive: Friday night or Saturday morning. Activities will commence Saturday morning with a team run at 7.30am.

What is happening: Activities will run across Saturday and Sunday (concluded by early afternoon on Sunday) consisting of an array of water based, and land-based activities. Team BBQ dinner will be organised Saturday night. We will be doing some surf-based training, as well as team building activities both in and out of the water.

Where to stay: We have secured some camping at the oval in Bicheno. This has access to toilet facilities and showers at the surf club. If you would like further information or would like to stay at the oval, please contact Barney. Alternatively, accommodation can be sought at the caravan park/ air BNB accommodation.

We are just waiting for the water to get a few more degrees warmer for the commencement of Board training, however keep your eyes and ears peeled for this starting date!

“If its important to you, you will find a way. If not, you’ll find an excuse”

Courtney Dowling



Training Update

EOI 2022/23 Courses

Clifton Beach Surf Life Saving Club is now taking expressions of interest for our 2022/23 season intake for Bronze and Surf Rescue, Certificate and IRB Diver and Crew Courses. Information on each course requirements are below. Once numbers are confirmed dates and times of upcoming courses will be released.

Surf Rescue Certificate:

Participants must be 13yrs old at the time of assessment and must be able to swim 200m in under 5mins (but this can be attempted as many times as required).

Bronze:

Participants must be 15yrs old at the time of assessment and must be able to swim 400m in under 9mins (but this can be attempted as many times as required).

IRB crew:

Must be 15 years of age and hold Bronze Medallion

IRB Driver:

Participant must be 17 years old at time of assessment, hold a Bronze Medallion, IRB certificate, and Boat license

Course dates will be announced soon once we have a better idea of numbers 😊

If you have any questions please feel free to send me an email at training@cliftonbeachslsc.com.au

Jenna Stacey



2022/23 SEASON

UPCOMING COURSES
PLEASE FOLLOW THE LINK BELOW TO REGISTER YOUR INTEREST
<[HTTPS://FORMS.GLE/ZUFK GKUFQUZ2MAX28](https://forms.gle/ZUFK GKUFQUZ2MAX28)>

FOR THE UPCOMING SRC, BRONZE, IRB CREW AND IRB DRIVER COURSES. COURSE DATES WILL BE ANNOUNCED SOON ONCE WE HAVE A BETTER IDEA OF NUMBERS 😊
IF YOU HAVE ANY QUESTIONS PLEASE FEEL FREE TO SEND ME AN EMAIL AT

< TRAINING@CLIFTONBEACHSLSC.COM.AU >

JENNA

Clifton Beach Surf Life Saving Club



Fundraising Update

Hobart International Marathon Festival

The Hobart International Marathon is taking place on Sunday 25 September 2022 and CBSLSC have been offered a fantastic opportunity to do some volunteering in the lead up to the event and raise some funds for the club at the same time.

Who? Enthusiastic volunteers aged 12+ who are free on **Saturday 24 September** for a few hours to earn some funds for our wonderful club.

Where? Princess Wharf, Castray Esplanade.

When do I need to be there? There will be a morning shift (9:30am-1pm) and an afternoon shift (12:30pm-5pm). Please let us know your preference and we will make it work.

What's involved? On Saturday, tasks will revolve around registration of runners for the races taking place on Sunday. In pairs, volunteers will use ipads to scan participant QR codes, find their race numbers and hand out free merchandise. Other jobs might include unpacking the medals, setting up recovery stations or helping people find out where they need to go.

How do I register? Katie Groom will be coordinating the Cliften Crew. Please contact Katie at katie.groom@cliftonbeachslsc.com.au or 0407 436 421 to confirm your interest. You will then be sent a link to register with the event online closer to the day.

Every person we send along to this event will be earning funds for us to use to enhance facilities at the club so please support this event. Parents/carers/friends of the club as well as active members are all encouraged to come along and help. Younger members welcome with an accompanying adult.

Katie Groom

CALLING ALL UNDER 14'S

You are invited to a sleepover at the club on Saturday, 17 September 2022

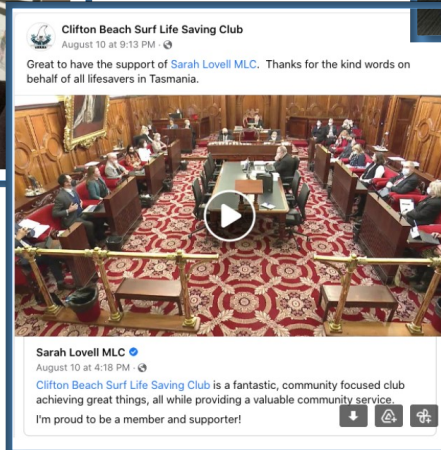
- ◆ **Pizza Dinner**
- ◆ **Learn about Junior Club Captain Role**
- ◆ **Get ready to lead our Nippers for the Season**
- ◆ **Please Contact Phil Evans at pevans@primaryhealthtas.com.au**



In the news



What's been happening on Facebook.....



Surf Life Saving Tasmania Awards of

The Surf Life Saving Tasmania Awards of Excellence were held on 13 August at Blundstone Arena. Clifton Beach were nominated for 9 awards, coming away from the evening with 4 wins:

- Junior Surf Lifesaver of the Year**
- Charlotte Beach**
- Youth Surf Lifesaver of the Year**
- Jenna Stacey**
- Isuzu Community Programme of the Year**
- Southern Region Starfish Nippers**
- Innovation Award**
- PR & Media Friends**

Congratulations to all of the nominees and winners.



SLST Surf Sports Calendar 2022-23

DATE	EVENT	VENUE	COMMENTS
Oct 1	Endurance Race #1	Somerset	Somerset Enduro
Oct 2	Endurance Race #2	Burnie	
Oct 22	Endurance Race #3	Ulverstone	NW Marathon
Nov 5	Endurance Race #4	Hobart	Surf Safari
Nov 26	Surf Festival	Carlton Park	Includes Toss #1
Nov 26	Toss #1	Carlton Park	Clearwater Classic
Nov 27	Selection Event – Tasmanian Team	Carlton Park	
Dec 4	Toss #2	Devonport	Pub to Club
Dec 10	Statewide Carnival #1 - Juniors	Bridport	
Dec 11	Statewide Carnival #1 - Opens	Bridport	
Dec 17	Iron Ocean	Burnie	Iron Series
Dec 31	Toss #3	Bellerive Beach	BSP1200
Jan 7	Statewide Carnival #2 - Opens	Burnie	Includes SOS and F5's
Jan 8	Statewide Carnival #2 - Juniors	Burnie	
Jan 13 - 22	Interstates	Sydney (NSW)	Includes Manly/Freshwater
Jan 15	Toss #4	Bridport	Swim the Pier
Jan 26	Toss #5	Kingston Beach	Australia Day
Jan 28	Statewide Carnival #3 - Opens	Devonport	
Jan 29	Statewide Carnival #3 - Juniors	Port Sorell	
Feb 4	Toss #6	Port Sorell	Penguin Island Swim
Feb 5	Toss #7	Burnie	
Feb 11	Statewide Carnival #4 - Juniors	Clifton Beach	
Feb 12	Statewide Carnival #4 - Opens	Clifton Beach	
Feb 18	Tasmanian Masters Championships	Ulverstone	
Feb 25 - 26	Tasmanian Junior Championships	Penguin	
March 4 - 5	Tasmanian Open Championships	Carlton Park	
March 18	Toss #8	Seven Mile Beach	7MB Team Swim
March 19	Toss #9	Kingston Beach	Beach to Beach - Final
March 25 – April 2	Aussies	Perth (WA)	Youth/Masters/Open
Apr 16	Devil of a Swim	Bicheno	

N
O
T
I
C
E
B
O
A
R
D

