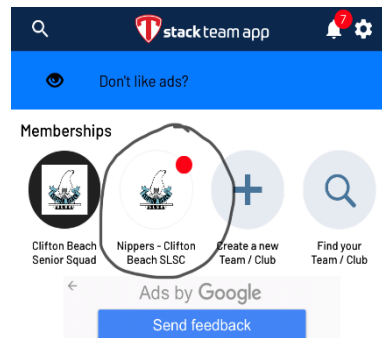
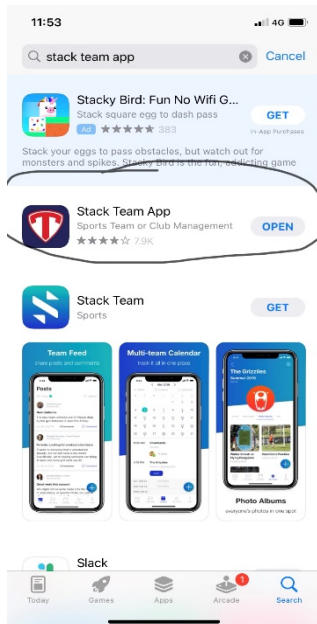


Stay Informed

The Stack team app is used by all age groups to communicate between age managers and parents. It provides a useful tool to get messaging out quickly, particularly if there are changes to the program. It is also great for linking parents in with each other.

Please install the app and check it regularly, along with the Clifton Facebook Members page to ensure that you are up to date with all the happenings at the club.



CLIFTON BEACH SURF LIFE SAVING CLUB



Nippers Parent Handbook 2022/23

Welcome

Hi All

On behalf of the Clifton Beach Surf Lifesaving Club, I welcome you to what is sure to be a fun and exciting 2022/23 Nippers program.

Our aim is to provide a safe, friendly and supportive environment where Nippers, parents and carers can enhance their knowledge about the beach, surf and surf lifesaving.

This little booklet has lots of fun facts that can be used so we can get to the beach and have heaps of fun while learning lots of great new skills!

If you have any questions throughout the season that aren't answered here, please refer to the Clifton Beach Members FB page and Teams App, or feel free to contact me via email at nippers@cliftonbeachslsc.com.au.

See you on the beach!

Jill Doyle
Nippers Coordinator



How can I get involved?

Parent help is always needed and very much valued at our club. Each year we call on Nipper parents and guardians to get on board as **we cannot run the program without you.**

On the beach we need age managers, assistants and people to help out with water safety. No lifesaving knowledge is necessary as you will learn alongside your Nipper.

If the beach isn't your thing, we always need volunteers to help with the BBQ and canteen, people with an RSA to help out in the bar, volunteers to assist with set up and pack up ... the list goes on!

Please put your hand up if you're not sure what to do, someone will always be happy to show you.

Many hands make light work (and have heaps more fun) so feel free to approach us on the beach or via nippers@cliftonbeachslsc.com.au to volunteer your services.

Useful Contact Info

Facebook: <https://www.facebook.com/cliftonbeachslsc>

Nippers Coordinator: Jill Doyle - nippers@cliftonbeachslsc.com.au

Uniform Officer: Shelly Bailey - uniform@cliftonbeachslsc.com.au

Membership Officer:

Juanita Schofield - membership@cliftonbeachslsc.com.au

Secretary: Nicole Davey - secretary@cliftonbeachslsc.com.au

Volunteer/Fundraising Co-Ordinator:

katie.groom@cliftonbeachslsc.com.au



Codes of Behaviour

CBSLSC wants the Nippers experience to be enjoyable for everyone. As such, we have the following codes of behaviour which we expect all involved with the club to adhere to.

Parents, Caregivers and Spectators

- Encourage children to participate, do not force them.
- Appreciate good performances by all participants.
- Encourage children to play by the rules.
- Show appreciation for coaches, age manager and teammates.
- Respect the rights and dignity of others.

Junior Members

- Play by the rules.
- Treat all participants the way you would like to be treated.
- Participate for your own enjoyment.
- Cooperate with your coach, age-manager and teammates.
- Respect all other participants.
- Respect the equipment you use.
- If you use it, you wash it. Any boards or other equipment you use, it is your responsibility to wash it down after training.

Our Nippers Program

Nippers runs most Sundays at Clifton Beach from 4 December 2022.

Nippers range from 5 years through to 14 and are placed in their age group from Polar Bears who are our 5 and 6 year olds through to our U14s.

Polar Bear sessions run from 10am -11am and all other age groups are run 10am -12pm.

Each group is managed by an age manager or two who act like coaches and run the kids through a series of age and skill appropriate water and beach activities.

Nipper sessions are best finished off with a sausage or burger from the canteen!

Prior to December, introductory sessions will be held at the Clarence Pool and Cremorne Beach on Sunday mornings. Keep an eye out on Facebook or Stack Teams App for calendar and updates.

Please note there will be some weeks that there is no Nippers due to state-wide competitions. Further details about carnivals will be provided by age managers as the season progresses.



Membership

Both new and renewing memberships are conducted online via the Surf Life Saving Australia (SLSA) website at <https://sls.com.au/join>.

All Clifton Beach SLS members under 18 are required to have a parent or guardian become a member too, so tick the family membership box when you get started.

Payments can be made at the same time as registering and costs are listed below. We accept Ticket to Play vouchers (see the website for more details).

Membership registrations and payments need to be made by 30 November 2022. If you are commencing Nippers late in the season, registrations and payments are needed after your nipper has had a trial week on the beach.

Membership Costs

Nippers U14s - \$130

Nippers U8 – U13 - \$125

Polar Bears - \$90

Associate Members - \$65

Family Membership (2 adults and up to 5 children) - \$360

The minimum age for children to participate in Nippers at CBSLSC is 5 years to a maximum age of 14 years. A member is appointed to an age group based on their age from midnight on the 30th of September that year.

For example: a member turns 10 years of age on 4 August 2022. He/she will be registered as U11 for the 2022/23 season. A member turns 10 years of age on 4 October 2022. He/she would be registered as U10 for the 2022/23 season.



Uniform

All nippers are required to wear a pink high visibility vest and club cap when participating in Sunday Nippers sessions and during competition.

These items will be available for purchase during the first sessions of the year at Clarence Pool and Cremorne Beach.

Note: Polar bears will require a vest, but caps will be supplied by the club.

Pink vest - \$25

Club cap - \$15

We have various other merchandise items available for order including hoodies, polo tops, beanies, sun hats and hooded towels. These make great Christmas gifts so stay tuned for further details coming soon!

What to bring to each session?

- Bathers and wetsuit (optional)
- High Visibility Pink rash vest
- Club Cap
- Towel
- Drink bottle
- Sunscreen

Please make sure all your belongings are labelled clearly!

