



CLIFTON BEACH SURF LIFE SAVING CLUB INC

1990/91, 1993/94, 1998/99, 2006/07, 2008/2009

BEAR FACTS NEWSLETTER

OCTOBER 2020



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Club Captains Report

Wow, as we head towards the end of October the excitement builds as the 2020/21 season is upon us. Patrol rosters are being drawn up, equipment renewed and serviced. The Club is once again looking to renew our equipment to ensure that we are able to meet our surf lifesaving responsibilities and to offer members access to the best equipment available.

We have been successful in winning two grants recently, one grant worth \$3,000 COVID19 - Sport and Recreation Grants Program, provided by the State Government is being used to purchase training equipment and sanitising products to ensure we are meeting our COVID - 19 management plan.

The second grant of \$10,000 which was provided by the Clarence City Council Community Recovery Support Grant is being used to complete the purchase of nipper soft and hard boards as well as two training mals. The club will also be taking delivery soon of 3 new training skis which will be used by junior and senior members. Our members will be able to hit the surf soon utilizing these latest purchases.

Members are encouraged to be proactive in ensuring that they are aware of all upcoming training opportunities so that they are able to fulfil their patrolling obligations. The club is more than willing to support all members in gaining new qualification so if you are interested in upskilling or exploring new opportunities please speak with myself or our training officer Ned Reardon.

This year we will see 16 of our younger nippers complete their SRC course. I think you will agree that this is a fantastic result for the club. It is great to see that the club's investment over the last 5 years in supporting the nippers' program is paying off and we are on track to add another 15 new patrolling members' next season.

The course will include members from other Southern Clubs and be offered over 4 days at Clifton Beach and Carlton Club houses.

It is great to see the Southern clubs working together to deliver this course and I would like to thank all the trainers and assessors who will be undertaking the delivery and assessment of the course.

As we near the start to the season I will ask that all equipment that has been borrowed from the club in the off season be returned. This includes boards, rowing machines and skis etc. **The exception will be for those who are regularly participating in weekly club training sessions away from the clubhouse.**

These items can be returned on the club's open day which is being held on the 15th of November.

We are also currently seeking water safety assistance for the below events, if you are able to assist, please contact Ned Reardon via email at ned.reardon@cliftonbeachslsc.com.au.

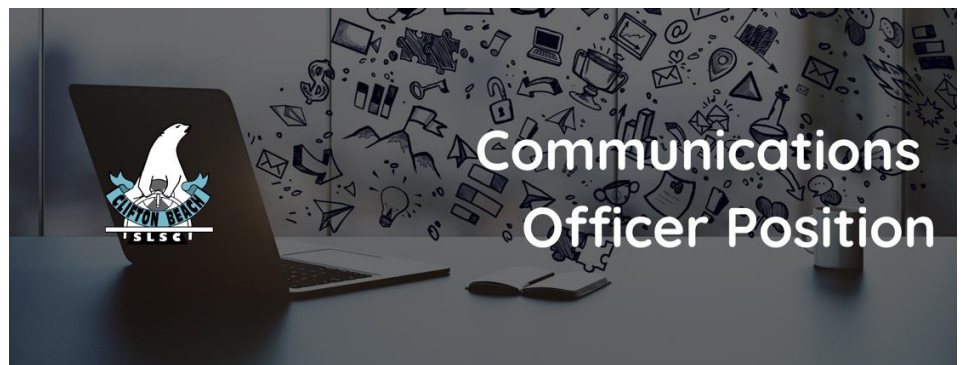
- 7 NOVEMBER 2020 - Surf Safari @ Long Beach, Sandy Bay - 7am start until midday
 - 2x IRB Drivers
 - 2x IRB Crew
 - 2x Board Paddlers
- 21 NOVEMBER 2020 - Triathlon @ Arm End - 10am start
 - 1x IRB Driver
 - 1x IRB Crew
 - 3x In-water Water Safety (on boards / tubes)

The Club will be running a working bee followed by BBQ lunch at the Club on Sunday for those attending the Age Manager and Official course or who have a few hours to join us for a working bee. Working bee will be 10:00am to 12:00, followed by a BBQ on the Club! If you have any questions please email me: captain@cliftonbeachslsc.com.au

The Club needs a Communications Officer

The Club are currently seeking expressions of interest for members who would be interested in taking over the role of communications officer at the Club.

If you are interested please contact:
Ned Reardon



Age Managers and Officials Course

SLST are running an Age Manager & Technical Official Course at the Club on November 1st (**THIS SUNDAY**).

This course is a great opportunity to learn new skills to contribute to our Nippers and/or Surf Sports program this season. We hope to see many of you there! If you are keen to come just turn up with your working with children card.

See you then 🙌

AGE MANAGER & TECHNICAL OFFICIAL COURSE

Sunday November 1st 2020
Clifton Beach Surf Club

- Age Manager Theory 12-2
- Tech Official Theory 2:30-4:30

Become a part of your Junior Activities infrastructure! Age Managers provide the essential Life Saving education programs. Accredited Officials enable our young athletes to demonstrate their skills in a fair and supportive environment.

To RSVP: Email training@cliftonbeachslsc.asn.au

A collage of four photographs. The first photo shows a person in a yellow high-visibility vest with 'Clifton Beach AGE MANAGER' printed on the back. The second photo shows a group of people, including children and adults, standing on a beach. The third photo shows a person in a red cap and jacket standing on a beach. The fourth photo shows a person in a pink top and blue cap standing on a beach.

Surf Boat Come and Try



COME & TRY SURFBOAT ROWING

Saturday, October 31 | 10am

Seven Mile Beach Access, Seven Mile Beach

It looks like fun because it is, so why not give it a try? No prior experience of rowing, swimming or surfing necessary. You must be at least 15 years old to hop in a boat. Wear your active wear and bring a water bottle, towel and change of clothes. BBQ lunch provided. Contact Surfboat Rowers Tasmania on Facebook for more information. Join a friendly and welcoming community to learn more about the sport, have a laugh and have a go!



Thank You” to the club’s Supporter and Sponsors

Partners

Surf Life Saving Tasmania	Clarence City Council	Tasmanian Government
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Sponsors

Tassal	Salamanca Realty	Millingtons
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Gray Matters Advertising – Steve Gray	Hobart Skin Cancer Clinic – Bellerive	Eastern Shore Doctors
Lauderdale Pharmacy – Graham Priest		Tasmanian Hotel (Catering Supplies)
Australian Lions Foundation	Tasmania Lions Foundation	Clarence Lions Club



Training at Bicheno

**CELEBRATING 40 YEARS OF FEMALES IN SURF LIFE SAVING
AT
CLIFTON BEACH SURF LIFE SAVING CLUB**



Sunday 6th December 2020

This season will be 40 years since “females” where allowed to gain their Bronze Medallion and to be part of a patrol team.

Clifton Beach is acknowledging its Bronze Medallion holders “past and present” females on this day.

Patrol on the day will BE AN ALL FEMALE PATROL starting at 9.30 a.m.

- There is planned for all female Taplin Teams from U/13 to Opens
 - Mock Rescue
- Zoom interviews with past and present females

We need all of our females who are patrolling members to come down to the club dressed in their Patrol Uniform as we would like to take a group photo to acknowledge the day.

Nipper Report from Eleanor Kuylaars

The season is fast approaching and it's exciting to think that shortly we will be welcoming all our Nippers and their families back for another exciting Summer.

I'm excited to be stepping into this role this year and grateful to Anthony Chapman for his handover and support in the lead up to the season. Chappy, along with an amazing team has really set up a fantastic program that I'm excited our family is a part of.

The start of our season is going to look a little different to previous years as we meet the COVID19 requirements of Clarence Pool. But once we get back to the beach our Nipper program will run just like you'd expect. I will be providing further details regarding the start of our season via the Facebook page and email in the coming weeks.

We obviously would love to welcome new Nippers to our programs so if you have friends or family you think should be involved direct them to our Facebook page or encourage them to send an email.

Parents / carers, we can't let the kids have all the fun. There are lots of amazing opportunities for you to be involved too. And to be honest our program cannot run without your support. On November 1st the club will be hosting an Age Managers Course and a Technical Official Course. These are great ways to help support your kids in the program.

Further details can be found on our Facebook page or email training@cliftonbeachslsc.com.au There are also many other ways you can be part of the program and we will let you know these over the coming weeks.

Nippers, it's time to dust off your club caps and vests, polish you goggles, and make sure your wetsuit fits and to get excited about the Summer ahead. We really can't wait to welcome you back to the beach.

But in the meantime, if you have any further questions, please don't hesitate to contact me, nippers@cliftonbeachslsc.com.au

Coaching Report from Craig Sly 0418 136 470

As winter draws to a close and we look forward to a warm summer, we can look back on what can be described as a frustrating and cold winter.

Congratulations to those who consistently have trained, even after the disappointment of the Coolangatta Gold cancelation. Those who have done the extra work are sure to see the benefits as we move into the summer sprint racing as well as setting themselves up for a good showing at the surf safari endurance events.

Numbers of Clifton competitors swimming, board paddling and ski paddling throughout this "interrupted" year has been promising, and as always consistency brings improvement.

Bicheno Camp

Four days at Bicheno can only be described as wet, but a lot of fun and learning was had by a range of members who attended covering many age groups.

Despite the rain we managed some awesome sessions in all time surf, as well as some good flat water skill sessions and running. These camps are a great way to introduce competitors to different environments while learning to read surf conditions at different breaks.

This becomes particularly important once we begin to compete interstate where varying surf conditions are experienced.

Well done to all the athletes and parents for making the effort and I hope everyone had a good time.

Winter training times will continue until after the surf safari -

- ❖ Ski - Monday & Thursday at 4.30 and Saturday at 7.30am.
- ❖ Board - Wednesdays at 4.30 and Saturdays at 2
- ❖ Stretching and strength session at Club on Wednesdays at 5.30 (following Board)

Following the surf safari we will move back to the beach for most sessions, most likely with a flat water/downwind ski session thrown in the mix for some variation.

I will post a schedule over the coming weeks.

Summer competition

At this stage it would appear that carnivals will kick off in January with no carnival being allocated for December.

There is also only one carnival allocated for the south of the state as well, Clifton on 30/31 Jan.

This is quite disappointing as it means a lot of travel and no surf! We may look at doing something further as a club in December to get us moving.

It is also uncertain as to if there will be any chance of interstate travel and competition as we did last season, however we will continue to keep an eye on the situation and the opportunity to compete as we did last year at Sydney Australia Day weekend, as well as Aussies in April

2020/21 MEMBERSHIP'S

(All membership payments are to be done online at the time of registration or renewal)

New Members:

New members need to go to sls.com.au/join/ . Click 'surf lifesaving club >Select the State and then type in Clifton Beach SLSC as the club you wish to join >complete the mandatory information (highlighted in red) and click 'Confirmation' whereby you agree to the Members Declaration and then tick the acknowledgement boxes >Click 'Submit the Form'. Enter any other family members you wish to join up and create a family group then Click >'Making Payment'.

Membership Applications will not be processed until payment has been received.

Renewing Members:

Clifton Beach SLSC membership renewals are due on or before the 31 December 2020. If you have not renewed and paid your membership by this date you may not be covered by the Clubs insurance.

To renew your membership please go to members.sls.com.au and log in.

Follow these steps:

Log in >Click on 'Individual or Family Group Renewal'>Click confirm and complete any missing information under membership renewal> complete the declaration and click 'Submit'>'Make a Payment' >Click 'Pay Online'.

Membership Renewals will not be processed until payment has been received.

Membership fees for the 2020/21 season are:

- Active Seniors \$165
- Cadets 15 - 17 years of age \$130
- Nippers 7 - 14 years of age \$125
- Polar Bear \$90
- Associate Members \$65
- Community Membership (replaces social membership) \$45
- Family membership (2 adults and up to 5 children) \$360

Current **Ticket to Play vouchers** are accepted by the Club – speak to Sian to redeem it.

Please note that each club member under the age of 18 must have a parent or guardian as a registered club member for legal reasons. This can be as a Community Member, Associate Member, Active Senior Member or as a Family Member.

If you have any problems with registering or with paying your membership fees please feel free to contact me by email on membership@cliftonbeachslsc.com.au or by phoning/texting me on 0407399623.

Sian Cumming
Membership Officer
Clifton Beach SLSC



Training at Bicheno

UPCOMING CARNIVALS

NOVEMBER	Event	Venue	
Saturday 7 th	Surf Safari	Long Beach Sandy Bay	Tas. Marathon Series
Saturday 28 th	Surf Festival Race 1	Carlton Park	Tas Ocean Swimming
DECEMBER			
Saturday 5 th	Penguin Island Swim Race 2	Port Sorell	Tas Ocean Swimming
Sunday 6 th	Coles to Club Race 3	Devonport	Tas. Ocean Swim
Saturday 12 th / Sunday 13 th	Regional Carnival	TBC	
JANUARY 2021			
Saturday 2 nd	Brooke St Pier 1200 Race 4	Seven Mile Beach	Tas. Ocean Swim
Saturday 9 th	Senior Carnival 1	Burnie SLSC	State wide Carnival (inc Tas Surf League Rd1)
Sunday 10 th	Junior Carnival 1	Burnie SLSC	State wide Carnival
Saturday 16 th	Pier Swim Race 5	Bridport	Tas Ocean Swim
Tuesday 26 th	Australia Day Swim Race 6	Kingston	Tas Ocean Swim
Saturday 30 th	Senior Carnival 2	Clifton Beach SLSC	State wide carnival (inc Tas Surf League Rd 2)
Sunday 31 st	Junior Carnival 2	Clifton Beach SLSC	State wide Carnival
FEBRUARY			
Saturday 6 th	Centenary Swim Race 7	Burnie	Tas Ocean Swim
Saturday 13 th	Junior Carnival 3	Port Sorell SLSC	State wide Carnival
Sunday 14 th	Senior Carnival 3	Devonport SLSC	State wide Carnival
Saturday 27 th & Sunday 28 th	Junior Championships	Carlton Park SLSC	Tasmania Ch/ships
MARCH			
Saturday 13 th	Masters Ch/ships	Boat Harbour SLSC	Tasmania Ch/ships
Sunday 14 th	Senior Carnival Race 4	Boat Harbour SLSC	State wide Carnival
Sunday 14 th	Boat Harbour Swim 8	Boat Harbour	Tas Ocean Swim
Saturday 20 th	7 Mile Beach Swim Race 9	Carlton Park SLSC	Tas Ocean Swim
Sunday 21 st	Beach to Beach Race 10	Kingston Beach	Tas ocean Swim
Saturday 27 th & Sunday 28 th	Senior Championships	Burnie SLSC	Tasmania Ch/ships
APRIL			
Friday 16 th – Sunday 25 th	Aust. Surf Life Saving Ch/ships (Aussies)	Sunshine Coast Qld	National Ch/ships